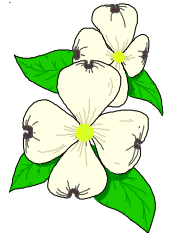
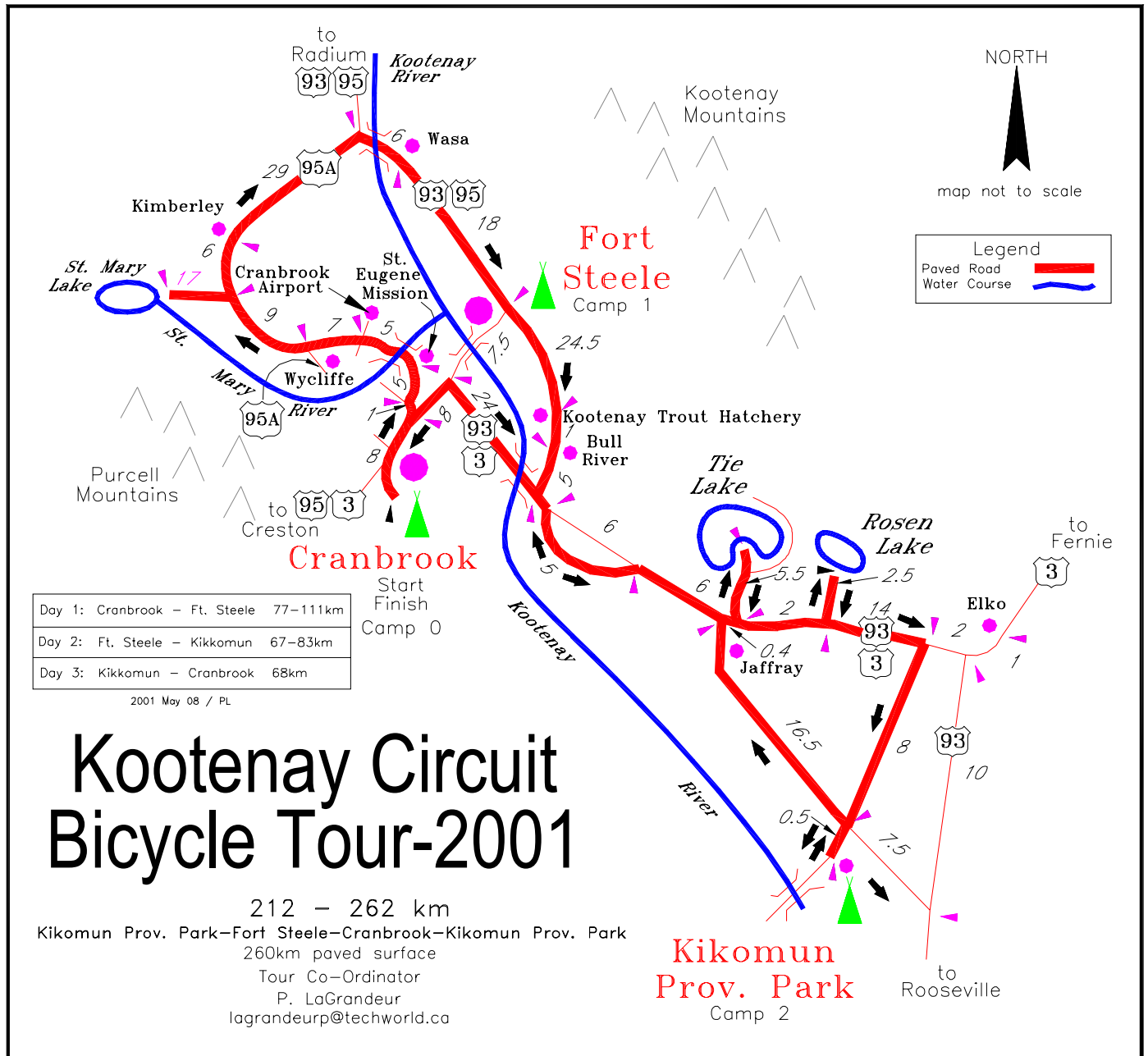


Kootenay Circuit

2001 Bicycle Tour 212-262km



May 19 - May 21 Saturday thru Monday
 Tour Co-Ordinator: P. LaGrandeur Calgary, AB
 lagrandeurp@techworld.ca



This tour event is not associated in any way with any formal group, association, club or any business.

Risk Acknowledgement & Acceptance of Self Responsibility Kootenay Circuit Bicycle Tour 2001

This trip is conducted on the understanding it is a 'Common Adventure' where each participant conducts him/herself independently, makes his/her own judgements about safety and well being, takes full responsibility for his/her own actions, and contributes whatever he/she can towards the success of the trip.

The Tour Co-Ordinator is not a leader or professional guide of any type and acts only to assist in providing basic logistical arrangements for initiating and running the trip. The route, itinerary and all other aspects of this trip are only suggested and, as responsible tourists, each participant is expected to research everything prior to the trip to whatever extent he/she feels is necessary to determine that all is safe and suitable. Safety is ALWAYS EACH PERSON'S responsibility AT ALL TIMES.

Each participant is expected to possess any skills, equipment, fitness, common sense, etiquette, knowledge of applicable legislations, etc., to enjoyably and safely be involved in this activity. Each participant is the sole and final judge about his/her capability to safely proceed with this tour.

All participants recognize financial loss, physical injuries and death to be real possibilities facing anyone in the sport of bicycling and related activities and agree to assume all risks and consequences. Participants should arrange whatever property and accident insurance they deem necessary before commencing this trip.

Any person who does not feel confident or self reliant about their abilities or who does not agree with this philosophy should not participate on this tour.

Accommodation

Dialogue:

1 **** Fees will be paid by each participant upon arrival at the campground. ****

Day 0 Mt. Baker R.V. Park (formerly Cranbrook City Center Campground)

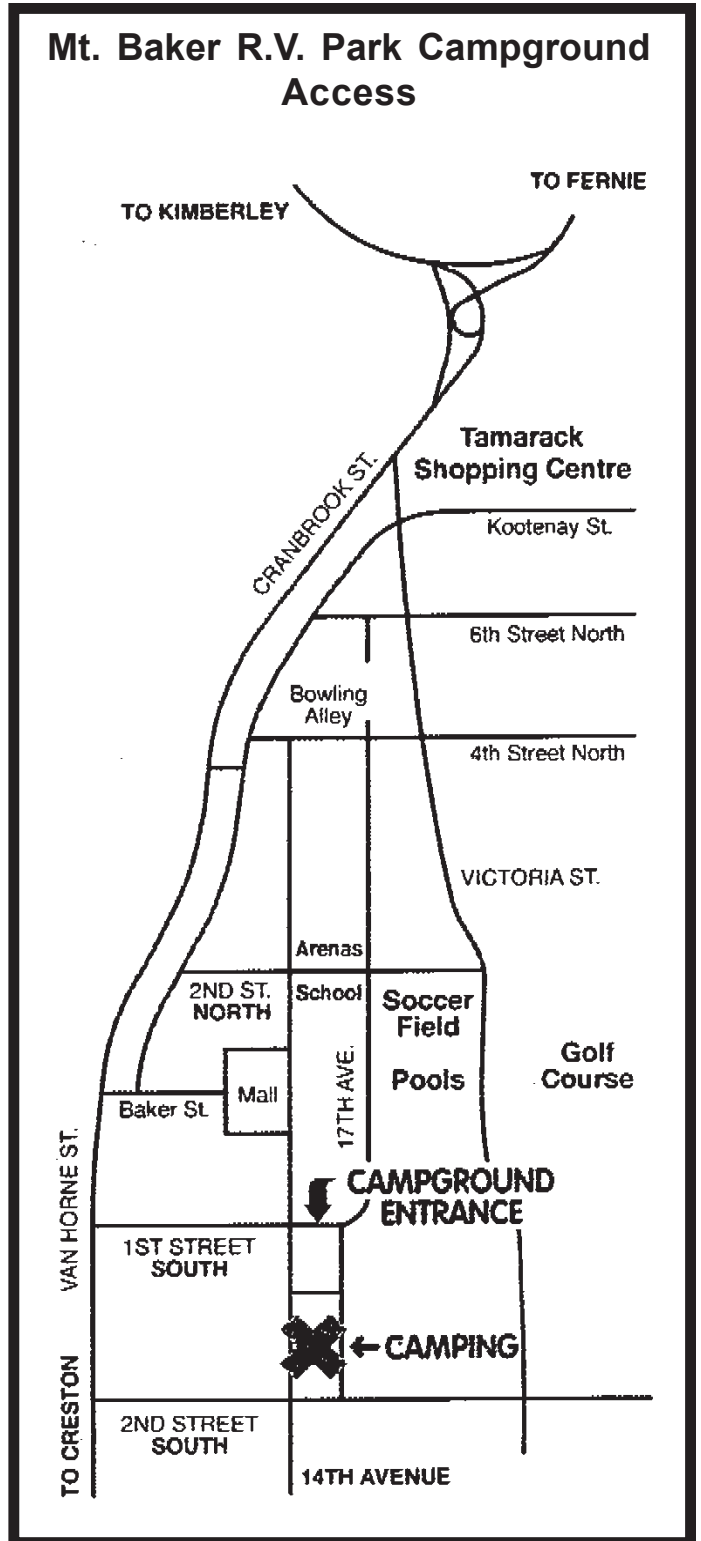
As implied, this facility is in the centre of town (see map). It has hot showers, playground, store, and a laundromat. We also have arranged to leave our cars either in their campground or adjacent street for the weekend.

Day 1 Fort Steel Resort & R.V. Park

We will be camping in a grassy treed area. This facility has showers, grocery store, tables, firepits, playground, laundry, cook shelter, swimming pool (maybe), horseshoe pits, and is just across the road from Fort Steele Heritage town.

Day 2 Kikomun Provincial Park

This site offers hot showers, swimming, fishing, visitor programs, tables, pay phone and nearby lake.



Meals



Day 0

Lots or restaurant'ies in Cranbrook

Day 1

Breakfast: Either eat in camp or find a place to eat in the teeming metropolis of Cranbrook.

Lunch: Lots of nice restaurants in Kimberly or in Wasa.

Dinner: Eat in camp or at Ft. Steele International Hotel.

Day 2

Breakfast: Eat in camp.

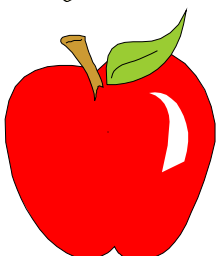
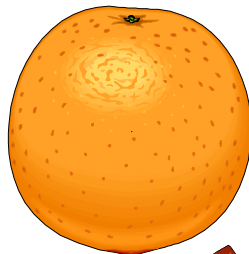
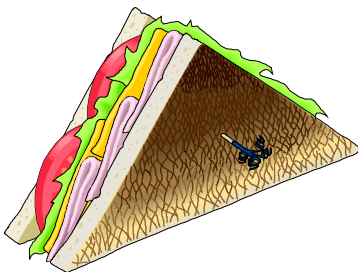
Lunch: There are restaurants in Jaffray and there is the Bull River Cafe next to the Bull River near the Kootenay Trout Hatchery.

Supper: Eat in camp.

Day 3

Breakfast: Eat in camp or at Jaffray.

Lunch: Eat in Cranbrook.



Itinerary

Dialogue:

1. The road surface throughout the entire trip is paved, including the side trips to Rosen, Tie, and St. Mary lakes. Shoulders are usually good and wide enough for bicycles.

Day 0 Arrive at Mt. Baker R.V. Park - Cranbrook

It is about four hours drive to Cranbrook from Calgary. You should arrive before 11 PM.

Day 2 Cranbrook to Fort Steel Resort & R.V. Park

Highlights today include the side trips into Tie and Rosen Lakes, the Kootenay Trout Hatchery 6 km north of the Galloway/Hwy. 3 junction, and Fort Steele.

The hatchery is open all year from 8:00 to 16:00 for free self guided tours. There is an interpreter on site.



Fort Steele is open from 09:30 to ?? The exhibits close at 20:00. Phone their info line for details @ (250) 426-7352.

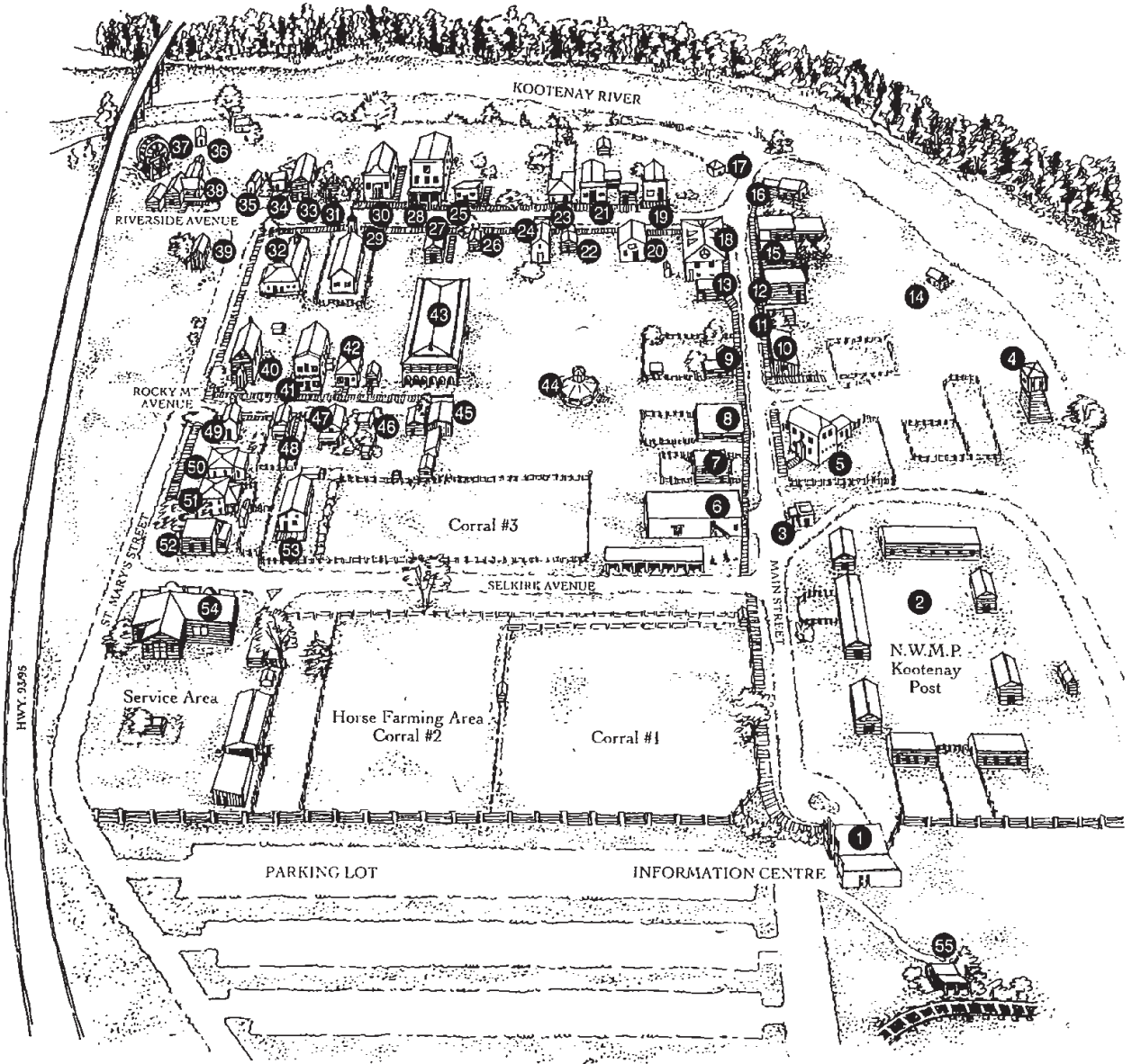
Day 2 Fort Steel R.V. Park to Kikkomun Provincial Park

Head north to Wasa and then over to Kimberly, Canada's Bavarian style winter ski town. Have lunch there then consider taking the side trip to St. Mary Lake (19km each way). Then, be sure to take the long route to Cranbrook (airport road) via the St. Eugene Mission native reserve. The river valley there is spectacular.

Day 3 Kikomun Provincial Park to Cranbrook

A nice short day back to Kikomun alongside Lake Kocanusa, a man made lake on the Kootenay River that extends across the United States border to the south.

Fort Steele Heritage Town



Contact Numbers

as of August 1997

Notes

•Police

R.C.M.P.

Cranbrook, BC (250) 489-3471
(250) 417-4231
911
Fernie, BC (250) 423-4404
Jaffray, BC (250) 489-3471
Kimberly, BC (250) 427-4811
Sparwood, BC (250) 425-6233
Crime Stoppers (250) 489-8477



•Provincial Parks

Kikkomun (Wasa, BC) (250) 422-4208
Kootenay Forest Resources
(Kikomun operator) (250) 427-5452

•Forest Service

Cranbrook (250) 426-1700
Forest Fire Reporting "0", Zenith 5555

•*Kootenay Trout Hatchery* (250) 429-3214

•*Tourism British Columbia* (800) 663-6000

•Ambulance/Medical Emergency

Cranbrook 911
Jaffray (250) 426-8944
Kimberly, BC (250) 427-3500
province wide, BC (800) 461-9911

•Hospital

Pincher Creek, AB (403) 627-3333
Fernie, BC (250) 423-4453
Kimberly, BC (250) 427-2215
Cranbrook, BC (250) 426-5281



•Fire Department

Fernie, BC (250) 427-2121
Cranbrook 911
Kimberly (250) 427-2121

•Tow Truck

Fernie *Lanny's Esso* (250) 423-7860
T.J. Towing (250) 423-3416
Cranbrook *Vanhorne* (250) 426-4243
Kimberly, *Signal Collision* (250) 427-7462
Chalet Chev (250) 427-4895
Wasa *Wasa Service* (250) 422-3474

•Campgrounds

Kikkomun Provincial Park (250) 427-5452
Fort Steel Resort & RV Park (250) 489-4268
Cranbrook City Center (250) 426-2162

•Fort Steele Heritage Town

Visitor Information (250) 489-3351
International Hotel (restaurant) (250) 426-6719
Recorded Information (250) 426-7352

